

Continence Care Awareness Training Course

It is estimated that over 14 million adults in the UK have problems with bladder control and six and a half million with bowel control.

Incontinence can have a profound effect on an individual, leading to social isolation and affecting their physical and mental health. More independence and a better quality of life can be achieved by finding solutions that are appropriate for an individual's needs. Fewer complications, such as urinary tract infections and hospital admissions, can be achieved by better continence care.

Learning Outcomes

- an introduction to bladder and bowel functions
- continence awareness
- how to promote continence
- the causes on incontinence
- the role of the Carer / Support Worker
- products used in continence care
- catheter care for males and females
 - emptying
 - leg bag changing
 - night bags
 - sheaths
- stoma care

Delegates will have the opportunity to learn in a practical way, with aids and products. There is also the chance to ask questions and build confidence in a learning environment.

Who should attend?

Home Care Workers, Coordinators, Care Assistants, Support Workers, Volunteers, Befrienders, Domestic or Housekeepers in a Home Care setting.

Course Dates and Times	Starts	Ends
Wednesday 3rd October 2018	9:30 am	12:30 pm
Friday 9 th November 2018	9:30 am	12:30 pm
Friday 14 th December 2018	9:30 am	12:30 pm
Friday 25 th January 2019	9:30 am	12:30 pm
Monday 11 th February 2019	9:30 am	12:30 pm
Thursday 21 st March 2019	9:30 am	12:30 pm

Location

McSence Training Centre, McSence Business Park, 32 Sycamore Road, Mayfield, EH22 5TA. Alternatively, we can run courses at your premises, or other locations to suit.

Trainers

Kelly Ireland / Sharon Morrison

Cost

From £30 per person, please enquire. Price includes tea, coffee, certificates and handouts.

Booking and Enquiries

Phone 0131 454 1500

Email kelly.ireland@mcsence.co.uk

Cancellation

If you need to cancel, please let us know as soon as possible, so that we can try to re-fill the spaces. The following cancellation conditions apply:

- 4 weeks-notice – no charge
- 2 weeks-notice – half the cost of the course
- No notice – full charge of the course

Payment

An invoice can be sent to your organisation after the training course or, you can pay on the training day.