

Moving & Handling People & Objects Training Course

Moving and handling of people, equipment, laundry, supplies, deliveries or waste, is a key activity for many people in the workplace. Poor moving and handling practice can cause back pain, which can lead to the inability to work; accidents, which can injure both the person being moved and the employee, or, discomfort and a lack of dignity for the person being moved.

This 6-hour long course is an introduction to moving people and objects safely, using real equipment to build confidence and knowledge. Taking place in our fully equipped Manual Handling Suite, delegates can experience the equipment ^(*1) first hand and learn how to avoid injuries and accidents.

Run by our experienced Trainers, this course counts towards delegates' SVQ level 2 & 3 social services and healthcare qualifications and personal development goals.

Who should attend?

Home Care Workers, Care Assistants, Family Carers, Retail and Hospitality Workers, Office Workers, Support Workers, Support Assistants, Senior Carers and Coordinators.

Course Dates and Times	Starts	Ends
Wednesday 24 th October 2018	9:30 am	3:30 pm
Wednesday 14 th November 2018	9:30 am	3:30 pm
Tuesday 27 th November 2018	9:30 am	3:30 pm
Tuesday 11 th December 2018	9:30 am	3:30 pm
Tuesday 15 th January 2019	9:30 am	3:30 pm
Tuesday 5 th February 2019	9:30 am	3:30 pm
Tuesday 19 th February 2019	9:30 am	3:30 pm
Tuesday 5 th March 2019	9:30 am	3:30 pm

Location

McSence Manual Handling Suite, McSence Business Park, 32 Sycamore Road, Mayfield, EH22 5TA. Alternatively, we can run courses at your premises, or other locations to suit.

Trainers

Kelly Ireland and Sharon Morrison

Cost

From £35 per person, please enquire. Price includes tea, coffee, certificates and handouts. An invoice can be sent to your organisation after the training course or, you can pay on the training day.

Booking and Enquiries

Phone 0131 454 1500

Email kelly.ireland@mcsence.co.uk

Cancellation

If you need to cancel, please let us know as soon as possible, so that we can try to re-fill the spaces. The following cancellation conditions apply:

4 weeks-notice – no charge

2 weeks-notice – half the cost of the course

No notice – full charge of the course

Course Add-Ons

The Scottish Manual Handling Passport

The Scottish Manual Handling Passport is also available. This is a two-day course which allows more time for practicing with the equipment and learning about a wider range of manual handling techniques and their uses. Not only does this course support confidence building, it also assesses competency. On completion, delegates receive The Scottish Manual Handling Passport which lasts for three years. During this period, on the job observations and assessments are completed annually.

This course can be tailored to your specific workplace or service needs. If required, the course can focus on object handling rather than repositioning of people. Please contact the training team to discuss.

McSence Manual Handling Suite

The McSence Manual Handling Suite gives delegates the opportunity to experience using a wide range of equipment that they are likely to come across in the workplace.

(*1) Equipment includes:

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| - electric profiling bed | - Oxford hoist | - stand aid (electric) |
| - Sam Hall rotary turner | - slide / roller sheets | - fabric turntable |
| - rigid turntable | - handling belt | - transfer board |
| - wheelchairs | - walking aids | - rope ladders |
| - client hand blocks | - slings | -Handibar |

Moving & Handling Suite Rental

Our fully equipped Moving & Handling Suite is also available for rental. Costs are £140 per full day. To discuss your needs, please contact Martha Convie on martha.convie@mcsence.co.uk . Examples of some of the equipment: -

